

## Unit 206 (CHB11) Shampoo Condition and Treat the Hair and Scalp

### Activity 5

#### Research hair conditions

Carry out research on the hair conditions in the chart below. Add your own findings to the chart. An example has already been added to the chart, to start you off.

Hair condition	Possible causes of damage	Suggested products	Suggested service plan	Aftercare advice
Split ends	<ul style="list-style-type: none"> <li>Heat damage from straightening irons</li> <li>Chemical damage from colouring/bleaching</li> </ul>	<ul style="list-style-type: none"> <li>Repair shampoo</li> <li>Repair conditioning mask</li> <li>Split ends repair cream</li> </ul>	Deep penetrating conditioning treatments using repair mask under steamer for 10 minutes, once a week for six weeks	Buy repair shampoo and conditioner and split ends repair cream to use at home. Use a heat protector before drying and using straighteners.
Chemically damaged hair				

Hair condition	Possible causes of damage	Suggested products	Suggested service plan	Aftercare advice
Heat damaged hair				
Environmentally damaged hair				
Product build-up on hair				
Normal hair				

Hair condition	Possible causes of damage	Suggested products	Suggested service plan	Aftercare advice
Oily				
Damaged				